



## FARROW FIELDS

CHILDCARE

[FarrowFieldschildcare.co.uk](http://FarrowFieldschildcare.co.uk)

### **Week 1**

Monday	Spaghetti Bolognese (g)  Vegetarian option (s, g)
Tuesday	Tuna pasta with broccoli (g)
Wednesday	Risotto and mixed vegetable salmon (f)
Thursday	Fish cakes, couscous, peas and corn (g, f,e)
Friday	Chicken curry  Vegetable curry

### **Week 2**

Monday	Chicken and vegetable risotto
Tuesday	Chicken lasagne, broccoli (g, d)  Vegetable lasagne (s,g,d)
Wednesday	Cottage pie with broccoli and carrots  Veg cottage pie with broccoli and carrots (s)
Thursday	Posh fish fingers, peas and wedges (g,e,f)
Friday	Carbonara salmon and peas (g,e,d)



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## **Week 3**

Monday	Sausage and mash, carrots and peas (g)  Vegetarian sausage option (s)
Tuesday	Pasta and meatballs, sweetcorn and peas (g)  Chickpeas for veggie option (g)
Wednesday	Chilli con carne with rice  vegetarian option (s)
Thursday	Fish Pie, green beans (f)
Friday	Fish cakes, mac n cheese, peas (g, d)